



Northern Cambria Area Business Alliance

2007 EXPO MAY 10

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APRIL 2007 Newsletter

The NCABA &
Lifestyle Support Services Inc.

Present the 2nd Annual

**2007 Spring
ECONOMIC
and
CAREER
EXPO**

**Thursday,
May 10th**

1-6 p.m.

Contres-Greer Social Hall
Rt. 219, Northern Cambria

- All NCABA members are encouraged to attend this premier event for our communities.
- If you haven't done so already, door prizes are still being accepted. Please contact Donna Zerbee 948-4021 or Barb Kirby at 948-8400 if you can supply a prize.
- Please see the enclosed flyer for details on the career and economic expos.
- Help is needed! Please call Barb or Donna if you can attend the fair and help with registrations, set-up or tear down.

NCABA teams with local businesses and organizations; plans "Life Steps" a roving workshop to educate community

The NCABA is proud to announce that new education workshops will be popping up in our service region.

Fran Filkins, Economic Chair and RN Liaison for HealthSouth has spearheaded a program to help educate community

Mind". Several workshops will be set up throughout the region including: Hastings, Northern Cambria, Portage, Coalport and Ebsenburg.

"It was only natural to pick Hastings as our first location," says Filkins, "this is



First Step of "Life Steps" Pictured Above are the participants in the first meeting of "Life Steps", seated, left to right, Nancy McMahan, Tawnya LaMark, Donna Zerbee, Mike Miller; standing, Pam Patterson, Kimberly Hughes, Leigh Ann Wright, Wendy Foust, Gerry Checkon, Geri Cronauer, Sharon Traino, Cathy Selby, Fran Filkins and Mary Ann Uzelac.

residents on how to help someone you love through unforeseen challenges of life.

The workshops are designed to assist people take care of someone when they become ill or can no longer take care of him or herself. The new program is called "Life Steps: Creating a Path for Peace of

where our hometown hospital is."

The group first met in March at Goodfella's in Ebsenburg. Those organizing the event include: Filkins of HealthSouth, Sharon Traino of Miners Medical Center, Pam Patterson of Health Dialog, Geri Cronauer and Sue Bernard

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